

Cape Breton Square

From Mary Janet MacDonald Workshop 2008

Figure 1 – Jig

Bars

- 1-8 all advance and retire twice (jig single shuffles)
9-16 1's face 4's while 2's face 3's for a two-hand turn twice (step step step ball change)
17-20 1's through the 4's while 3's through the 2's (mirror back-to-back)
21-32 dance with corners – ballroom hold – polka round on spot, turn women under
33-64 repeat bars 1-32 above with 1's facing 2's while 3's face 4's, 1's and 3's still lead through

NOTE: alternate the diagonals

Figure 2 – Jig

- 1-8 all advance and retire twice (jig single shuffles)
9-12 men walk counter clockwise start short way while women RIGHT hands across
13-16 men cast back women LEFT hands across
17-24 dance with partner – ballroom hold – polka round on spot
25-32 promenade counter clockwise shoulder/waist
33-64 repeat bars 1-32 above with promenade clockwise

Figure 3 – Reel

- 1-8 all advance and retire twice (reel: step shuffle x 4 in each direction)
9-16 half grand chain (basic reel: diddle diddle dum dum)
17-24 Spin partner w/ courtesy turn
25-32 Half grand chain back the way you came
33-40 Promenade counter clockwise (men on inside of set w/ partner on right)
NOTE: 1's followed by 2's, 4's & 3's dance to top to end promenade
41-48 1's dance down the middle & all follow, 1's dance up outside to form 2 lines
49-56 set in lines (basic reel: diddle diddle dum dum)
57-64 Dance partner back to place
65-128 repeat 1-64 above with 3's leading down to start bar 41)

FINISH: full grand chain, full promenade, all advance and retire twice and clap out the end