

Shetland Reel

4 couple set, 2nd & 4th couples on opposite side

Music: Da Fairy Reel/Spoostiskerry/Willafjord

1-8 circle 8 hands round and back, start with right foot (or dance on from up stage right in a single file lead by 4th Man)

(Step R, ball change L R, forward heel strike L x 8, no heel strike 8th time)

9-16 set for 8 bars with step R, ball change in, ball change out, strike L heel, hop R four times join hands on the sides

17-24 1W and 2M pass R shoulder stay in center where 1M and 2W join for R shoulders across 1M and 2W step on the sides for 1st 2 bars then join

1W ends on man's side, 2M ends on women's side

1M and 2W continue to pass R shoulder and turn right about, 2W face 1W, 1M face 2M (1's face women's side, 2's face men's side)

footwork as for bars 1-8

25-32 reel of 4 across the dance to original positions, footwork as for bars 1-8

33-40 set for 8 bars (see 9-16 above, replace heel strike with ball change in)

41-56 2's and 3's repeat 17-32 above

57-64 hop sevens four times start with left foot hop traveling to the left, stepping right behind

65-72 Tandem reel of 4 halfway, on bar 65 W advance and pull right shoulder back, while M advance to end behind partner, dance ½ reel of 4 as couples, finish on opposite sides

73-80 Reel of 4 on the sides halfway in 6 bars, on bars 79-80 all pass partner by right shoulder to original positions, ready for

81-88 8 hands across

footwork same as Bars 1-8

89-96 all face center: three Shetland backsteps, ball change, all of this four times, arms in 3rd position clicking the beat throughout

slowly lower arms after bar 96